## **VIP View**

## Do you ever ask yourself, "Is my life meaningful?"

At the tail end of another gigantic life transition, the question, unbidden, crystallised in my thoughts.

Is my life still meaningful?

From a dark corner in a small room in the back of my mind, a little voice whispered:

"Yes. Yes, it is. Now more than ever."

My heart missed a beat.

I took my time to think it over and realised that the little voice was right. Even with the big five-o fast receding in my rearview mirror, my life is still meaningful.

Peace descended on my mind like a refreshing shower on a hot, sticky summer afternoon in the south of France.

More than ever, though?

My life is meaningful...to me. I want my life to be meaningful not just to myself, but to others as well.

Which brought me to the concept of IMPACT.

I would like my life to impact the lives of others, long after I have gone.

## Do you also want your life to have impact on the lives of others?

Your friends, your family, your colleagues, the world at large?

I have fought my way through so many life transitions, grabbed so many impossible challenges by the horns, defied so many impending disasters...I would like to share what I have learned with others so that they do not have to struggle and suffer the way I did.

That is why I created the **iNFINITE iMPACT Mentoring Program**.

An exclusive mentoring program for frontrunners, trailblazers, groundbreakers, mapmakers, empire builders, torchbearer waymakers,

pathfinders and trendsetters.

**Does this resonate with you?** You can find out more by <u>clicking here</u>.

I'll tell you more about iNFINITE iMPACT, Road Map to Resilience and Live Your Life Purpose in my next emails.

In the mean time, you can take the "How Meaningful is Your Life? Quiz by clicking here.



I am an experienced medical doctor (MBChB, MRCGP, NLP master pract cert, Transformational Life Coach dip, Counselling cert, Med Hyp Dip and EAGALA cert) with a special interest in stress management. I may have an impressive number of letters after my name, but what qualifies me to excel at what I do is my intuitive understanding of my clients' difficulties and my extensive personal experience of managing major life changes using strategies I developed over many years.

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