

## **Re-Writing Your Life Movie Script**

Now that you've evaluated your story, your beliefs and your identity and explored method to change your story, now it's time to re-write your life movie!

### **The Beginning: the Background Story**

Consider what you wrote initially. You may not be able to change the circumstances of your beginning, however you can adjust how you tell the story in whatever way you wish.

**What are the defining characteristics of the main character's "beginning"?**

**What are the defining characteristics of the main character's personality and behaviors?**

**What are the roles the main character plays? HOW does he or she play those roles?**

***MAIN CHARACTER'S BACKGROUND STORY: In one paragraph, summarize the characteristics of the main character and the background story.***

### **Rising Action: Important Scenes**

When re-writing the important scenes in your movie, remember that it's not necessarily WHAT happens in the scene that matters but HOW it happens, what it means, and what happens to the main character because of it.

***Important Scenes:*** *What are your most influential or important scenes? What happened and what does it mean?*

***Repeated Scenes:*** *What scenes replayed frequently? What scenes no longer replaying?*

***Summarize the movie's timeline of rising action.***

### **The Climax**

When re-writing your "climactic scenes", consider if the story is now told differently. Did challenging events lead to unexpected positive results? Did the main character learn anything new this time around?

***Summarize the movie's climax in 1 paragraph Summarize the movie's timeline of rising action.***

### **The Current Story**

So, how would you tell the story of what happened after the climax? Or, how would the story go of what is happening now? Has the story of your present life experience changed?

*Falling action (if applicable):*

*Scenes that are currently happening at this point in the movie:*

***Summarize the current scenes and/or falling action in one paragraph.***

### **The Ending**

So, where does your “to-be-continued” leave off now?

*How do you see the story unfolding? What’s next? What does the main character do?*

*What scenes do you expect to unfold?*

***Summarize the ending in 1 paragraph.***

**What's the Overall Plot?**

After everything you've explored, has "the plot" changed?

*What is the "storyline" of your movie?*